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Signed: ________________________________
Lorrie E McDonald

Date: July 11, 2019
Recreating a Viking

using Icelandic wool

By Lorry McDonald

(Book 2 – Samples)
Recreating a Viking

using Icelandic wool

By Lorry McDonald

Olds College
4500 - 50th Street
Olds, AB, Canada T4H 1R6

June 2016
Recreating a Viking using Icelandic wool

2015/2016

1) Appendices ................................................................. Book 2
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   b. Raw Fleece Samples .................................................... b
   c. Washed fleece samples ................................................. c
   d. Processed Fiber Samples .............................................. d
   e. Yarn and Product Samples ........................................... e
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         2. Pouch ................................................................. e.i.2
         3. Bratt - Rya (a) - Traditional (b) ...... e.i.3
      ii. Table Weaving Samples ................................. e.ii
      iii. Sprang Samples .................................................. e.iii
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      v. Sewing Samples:
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         2. Stab Stitch/Double fold Hem Stitch - e.v.2
         3. Whip Stitch/Single fold Hem Stitch - e.v.3
<table>
<thead>
<tr>
<th><strong>Name:</strong> Lorry McDonald</th>
<th><strong>Date:</strong> September 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Proposed Topic:</strong></td>
<td>Recreation of a complete female Viking garment and accessories.</td>
</tr>
<tr>
<td><strong>Research:</strong></td>
<td>Research will include a short History of Icelandic sheep (including when they came to the US), descriptions and uses of Icelandic garments and accessories, history and description of methods and equipment used to create garments and accessories.</td>
</tr>
<tr>
<td><strong>Fiber(s) to be used:</strong></td>
<td>100% Icelandic Wool</td>
</tr>
<tr>
<td><strong>Preparation method(s):</strong></td>
<td>Natural colored fleeces from my flock of Icelandic sheep will be used to create all the yarn for weaving and creation of all the accessories.</td>
</tr>
<tr>
<td><strong>Spinning method(s):</strong></td>
<td>Worsted for weaving yarns. Woolen for sprang and nalbinding yarns.</td>
</tr>
<tr>
<td><strong>Finishing method(s):</strong></td>
<td>All fabric and bands will be fulled. Sewing will be done by hand.</td>
</tr>
</tbody>
</table>
| **Samples or end product(s) (describe how many and what they will be):** | 1) Raw Fleece; samples of each color used  
2) Washed Fleece: samples of each color used  
3) Natural/combed: samples of each color used  
4) Yarn samples: 10 yards of each yarn spun  
5) Woven samples of:  
   a. Dress Fabric  
   b. Brat/rya Fabric  
   c. Pouch Fabric  
6) Table woven samples of:  
   a. Belt  
   b. Trim  
   c. Pouch strap  
7) Other samples:  
   a. Sprang fabric (hat)  
   b. Nalbinding fabric (socks)  
8) Pictures:  
   a. Sheep that donate the wool  
   b. Completed dress  
   c. Completed accessories |
| **How will the objective be accomplished (briefly describe what you intend to do):** | One complete Viking outfit will be created using the following:  
1) Hand spun Yarns:  
   a. Singles spun Z – combined tog and thel  
   b. Singles spun S – combined tog and thel |
<table>
<thead>
<tr>
<th>Color</th>
<th>Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Black</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Light Moorit</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Deep Moorit</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Off white (tanish)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Black grey</strong></td>
<td></td>
</tr>
<tr>
<td><strong>White</strong></td>
<td></td>
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Recreating a Viking using Icelandic wool

2015/2016
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<td></td>
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<td></td>
</tr>
<tr>
<td>White</td>
<td></td>
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</table>
Fabric Weaving Samples

Dress Fabric Yarns

Weft

Warp

Finished Fabric
Lorry McDonald – Master Spinner Level 6
Exercise name#: Weaving Fabric – C.I.
Fiber Content: 100% Icelandic
Fiber Preparation: mill carded
Spinning Method: woolen
Direction of twist: Singles Z
# Plies 1 Yards 10 Count 3.62 TPI 4
WPI 12 Angle of Twist 40 Weight 9

Exercise name: Weaving Fabric – C.I.
Fiber Content: 100% Icelandic
Fiber Preparation: mill carded
Spinning Method: woolen
Direction of twist: Singles Z
# Plies 1 Yards 10 Count 3.62 TPI 4
WPI 12 Angle of Twist 40 Weight 9
Woven Sample
Pouch Fabric
<table>
<thead>
<tr>
<th>Yards</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.5</td>
<td>9.8</td>
</tr>
</tbody>
</table>

Exercise name: Loryn

Spinning method: singles

Direction of twist: left

Fiber content: wool 60%, linen 40%

Angle of twist: 90°

TPI: 3.25

Ply: 2

Count: 2.56

Ply: 2

Spinning method: liner

Notes: None
The Making of a Viking-Outfitting a Woman
2015/2016

Fabric Weaving Samples
Rya Fabric Yarns

War / West

[Image of fabric samples]
Fabric Weaving Samples
Traditional Bratt Yarns
<table>
<thead>
<tr>
<th>Lorry McDonald - Master Spinner Level 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise name/#: weaving</td>
</tr>
<tr>
<td>Bratt - weft - E. i. 36</td>
</tr>
<tr>
<td>Fiber Content: 100% Icelandic</td>
</tr>
<tr>
<td>Fiber Preparation: mill carded</td>
</tr>
<tr>
<td>Spinning Method: woolen</td>
</tr>
<tr>
<td>Direction of twist: Singles 5</td>
</tr>
<tr>
<td># Plies: 1  Yards: 10  Count: 1.97  TPI 3.5</td>
</tr>
<tr>
<td>WPI: 7.5  Angle of Twist: 30  Weight: 7.65</td>
</tr>
</tbody>
</table>
Tablet Weaving Sample

Diamond Chevron

Rams Horn
Lorry McDonald - Master Spinner Level 6

Exercise name#: yarn Yarn - C.i.s.
Fiber Content: 100% Icelandic
Fiber Preparation: mill carded
Spinning Method: woolen
Direction of twist: Singles

# Plied: 1
Yards: 10
Angle of Twist: 20
Count: 1.91 TPI 3.5
Weight: 7.9

WPI: 8

Lorry McDonald - Master Spinner Level 6

Exercise name#: yarn Yarn - C.i.s.
Fiber Content: 100% Icelandic
Fiber Preparation: mill carded
Spinning Method: woolen
Direction of twist: Singles

# Plied: 2
Yards: 25
Angle of Twist: 25
Count: 3.25 TPI 4
Weight: 9.5

WPI: 10
Sprang Sample
Sewing Thread Samples

Sewing Yarn

Running Stitch
Lorry McDonald - Master Spinner Level 6

Exercise name/#: Sewing Thread - E. V
Fiber Content: 100% Icelandic Tog
Fiber Preparation: Hand combed
Spinning Method: worsted
Direction of twist: Singles  Z  Ply  S
# Plies 2  Yards 10  Count 3.93  TPI 6
WPI 20  Angle of Twist 40  Weight 4.12
Sewing Thread Samples

Stab Stitch

Double fold Hem Stitch

e.v.2
Sewing Thread Samples

Whip (overcast) Stitch

Single fold Hem Stitch